



LEMBAR PENGESAHAN

Judul : *Literature Review: Hubungan Status Gizi Dengan Kejadian Anemia Pada Ibu Hamil*

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Menerangkan bahwa abstrak ini telah diterjemahkan dalam Bahasa Inggris oleh Lembaga Pengembangan Bahasa, Humas, dan Kerjasama (LPBHK), Universitas Muhammadiyah Pekajangan Pekalongan.

Pekalongan, 05 Agustus 2021

Disahkan oleh,

Kepala Lembaga Pengembangan Bahasa, Humas, dan Kerjasama (LPBHK)




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A Literature Review: The Correlations of Nutritional Status and Anemia on Pregnant Women

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June, 2021

ABSTRACT

The Backgrounds: The Number of Maternal Mortality in Indonesia was highest in 2019 due to bleeding in 1,280 cases. Bleeding can occur due to anemia in pregnancy. Anemia in pregnancy can be said to be a condition where hemoglobin (Hb) levels are below 11 gr % in the I and III trimesters, while in the SECOND trimester hemoglobin levels are below 10.5 gr%. One of the causes of anemia in pregnancy is a lack of nutrients or malnutrition.

The Purposes: To find out the relationship of nutritional status with the incidence of anemia in pregnant women through literature review.

The Methods: The type of this study was quantitative research used descriptive methods of correlation through cross sectional and case control approaches. The data analyze used chi square. Data was collected used literature review method with 6 articles sourced from online database with electronic search on Google Scholar and Garuda Portal published in 2011-2021. Critical study instrument used is using JBI (Joanna Briggs Institute).

The Results: The results of this study showed that there is a link between nutritional status and the incidence of anemia in pregnant women with the result of p value <0.05.

The Conclusios: Nutritional status is one of the factors that can lead to anemia in pregnant women.

Keywords: *Anemia, pregnant women, nutritional status*