

The Level of Anxiety in the Family of Patients Treatment in Intensive Care Unit (ICU) Ward

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ABSTRAK

Background: While in the ICU, patient will be monitored 24 hours a day by competent doctors, nurses, and special staff from the hospital. The patient will be connected to the medical equipment via a tube or cable. Medical equipment operates non-stop while the patient is in the ICU, besides medical equipment also makes a loud sound if the patient's condition changes. This causes the patient's family to the experience anxiety about the condition of his family members being treated in the ICU.

Purpose: This research aimed to conduct a literature review on the level of family anxiety of patients who are treated in the ICU.

Sample: 5 journals from 2012-2014.

Methods : This study was a literature review study. The method used in article selection was searching the literature from google scholar sources using the keyword patient family anxiety, ICU in the 2010-2020 periods. The search results showed 5 articles/ journals that match the research inclusion criteria and can be analyzed further. Analysis of 5 article / journal was carried out using the PICOTS mnemonic. Aspects that were criticized include:author, year, country, research objectives, research methods, research respondents, measurement tools and research results.

Results: the results of the literature review showed that the majority of respondents felt moderate anxiety.

Conclusion: this literature review is expected to be a reference for the nursing profession in order to further improve nursing care that can provide a sense of comfort and quality so that the patient's family anxiety in the ICU can be reduced.

Keywords : *family anxiety, intensive care unit (ICU).*

Bibliography :21 (2010-2020).