



LEMBAR PENGESAHAN

Judul : Penerapan Terapi Shalat Pada Tn. A Dengan Perubahan Persepsi Sensori: Halusinasi Pendengaran Di Ruang Abimanyu RSJD Arif Zainuddin Surakarta

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ABSTRACT

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The Implementation of Islamic Prayer as a Therapy in Auditory Hallucinations at Abimanyu Room, Arif Zainuddin Mental Hospital of Surakarta

Background: Mental disorders are a global issue that, if not addressed, are likely to increase each year. Schizophrenia is one such disorder that contributes to this growing concern. Spirituality plays an important role in life, and is even a key factor in managing patients with schizophrenia. In Islam, prayer is considered a means of providing healing, prevention, and protection against mental health issues and psychological problems. The purpose of this study is to evaluate the effectiveness of prayer therapy in patients with hallucinations.

Method: A Case Study was used. A patient with auditory hallucinations was directed to perform Islamic prayer for three days. Observation sheets encompassed signs and symptoms auditory hallucinations was used.

Result: After combining prayer therapy with standard nursing care, the patient's signs and symptoms decreased from 10 to 4. Additionally, the patient was able to create and follow a daily schedule.

Conclusion: The prayer therapy may effective to lower signs and symptom auditory hallucinations. This therapy can be modified by providing special room for prayer.

Keywords: *Prayer therapy, Schizophrenia, Hallucination*