

## **ABSTRAK**

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### **Pengaruh Dukungan Sosial Dari Pasangan Terhadap Tingkat Stres Pasien Ginjal Kronik yang Mengalami Disfungsi Seksual di Ruang Hemodialisa RSUD Kraton Pekalongan**

xiii, 6 bab, 54 halaman, 8 tabel, 1 gambar, 5 lampiran

Pasien ginjal kronik harus menjalani terapi hemodialisis. Penyakit ginjal kronik menimbulkan komplikasi seperti disfungsi seksual. Pasien dengan disfungsi seksual dapat mengalami stres sehingga membutuhkan dukungan sosial dari pasangan. Penelitian ini bertujuan untuk mengetahui pengaruh dukungan sosial dari pasangan terhadap tingkat stres pasien ginjal kronik yang mengalami disfungsi seksual di Ruang Hemodialisa RSUD Kraton Pekalongan. Desain penelitian menggunakan deskriptif korelasi dengan pendekatan *cross sectional*. Sampel penelitian adalah pasien ginjal kronik yang menjalani hemodialisa dan mengalami disfungsi seksual di RSUD Kraton Pekalongan sebanyak 61 orang. Teknik pengambilan sampel *accidental sampling*. Alat pengumpulan data berupa kuesioner. Hasil penelitian menunjukkan bahwa ada pengaruh dukungan sosial dari pasangan terhadap tingkat stres pasien ginjal kronik yang mengalami disfungsi seksual di Ruang Hemodialisa RSUD Kraton Pekalongan dengan  $p$  value sebesar 0,012. Perawat dapat meningkatkan pemberian konseling tentang cara mengatasi gangguan seksual pada pasien hemodialisis dan lebih melakukan pendekatan untuk memperoleh informasi tentang kebutuhan pasien hemodialisis dalam konseling.

Kata kunci : Dukungan Sosial, Tingkat Stres, Disfungsi Seksual, Ginjal Kronik  
Pustaka : 36 daftar pustaka (2007-2017), 2 website

**ABSTRACT**

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**The Effect of Social Support by Couples to Stress Levels of Chronic Kidney Patients with Sexual Dysfunction in Hemodialisa Room General Hospital Kraton Pekalongan**

xii, 6 chapters, 54pages, 8 tables, 1 charts, 5 attachments

Chronic kidney patients should undergo hemodialysis therapy. Chronic kidney disease causes complications such as sexual dysfunction. Patients with sexual dysfunction is caused stress and need require social support by the partner. This purpose of research determined the effect of social support by couples to stress levels of chronic kidney patients with sexual dysfunction in Hemodialisa Room General Hospital Kraton Pekalongan. The design of research used descriptive correlation with cross sectional approach. The sampling were chronic kidney patients with sexual dysfunction in Hemodialisa Room General Hospital Kraton Pekalongan as many as 61 people. The technique of sampling used accidental sampling. The instrument of data collecting used the questionair. The result of the study suggested there was the effect of social support by couples to stress levels of chronic kidney patients with sexual dysfunction in Hemodialisa Room General Hospital Kraton Pekalongan with  $\rho$  value: 0,012. The nurse improve the p counseling about how to overcome sexual disorders in hemodialysis patients and more approach to obtain information about the needs of hemodialysis patients in counseling.

Keywords : Social Support, Stress Level, Sexual Dysfunction, Chronic Kidney  
Reference : 36 books (2007-2017), 3 websites