

**Abstrak**

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Gambaran *Psychological well-being* pada *Caregiver* Pasien Stroke di Wilayah Kerja Puskesmas Wonopringgo Kabupaten Pekalongan

xi + 64 halaman + 13 tabel + 1 skema

Stroke adalah gangguan fungsional otak berupa kelumpuhan saraf akibat suplay darah ke otak terhenti. Ketika stroke terjadi, fungsi kontrol yang dikendalikan otak akan terganggu, gerakan tubuh tidak bisa dilakukan seperti sebelumnya, daya ingat dan persepsi terhadap suatu keadaan menurun. Keterbatasan fisik dan mental yang dialami penderita stroke mengharuskan penderita stroke bergantung dengan orang lain. Sehingga menjadikan beban psikologisosial bagi orang lain yang berupa cemas, depresi ringan dan penurunan status kesehatan. Tujuan penelitian ini untuk Mengetahui Gambaran *Psychological Well-Being* pada *Caregiver* Pasien Stroke. Desain penelitian ini menggunakan *deskriptif*. Sampel penelitian ini sebanyak 59 responden dengan teknik *total sampling*. Hasil penelitian ini menunjukkan 32 responden (54,2%) memiliki *Psychological Well-Being* tinggi dan sebanyak 27 responden (45,8%) memiliki *Psychological Well-Being* rendah. Hasil studi ini diharapkan dapat di jadikan referensi bagi tenaga keperawatan untuk memberikan asuhan keperawatan pada *caregiver* pasien strok untuk meningkatkan *Psychological Well-Being*

Kata kunci : *Caregiver* pasien stroke, *Psychological Well-Being*

Daftar pustaka : 24 buku (2010-2020), 20 jurnal

**ABSTRACT**

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The description of Psychological Well -Being of caregiver Patients with stroke In Wonopringgo District of Pekalongan regency

xi + 64 pages + 13 tables + 1 scheme

Stroke is a functional brain disorder that is associated with stopped blood supply to the brain. When a stroke occurs, the control function that moves the brain will be disrupted, body movements can not be done before, memory and perception of the situation increases. Physical and mental limitations needed by stroke patients require stroke sufferers who are needed by others. Related to making people consisting of anxiety, mild depression and decreased health status. The purpose of this study was to determine the description of psychological well-being in caregivers for stroke patients. This research design uses descriptive. The sample of this study was 59 respondents with a total sampling technique. The results of this study indicate 32 respondents (54.2%) have high Psychological Welfare and as many as 27 respondents (45.8%) have low Psychological Welfare. The results of this study are expected to provide a reference for nursing staff to provide nursing care to caregivers of stroke patients to improve psychological well-being

**Keywords** : Caregiver for stroke patients, Psychological Well-Being.

**Bibliography** : 24 books (2010-2020), 20 journals