



## LEMBAR PENGESAHAN

Judul : PERBANDINGAN MOBILISASI DINI DAN PENYEMBUHAN LUKA  
PADA PASIEN POST SECTIO CAESAREA METODE KONVENSIONAL  
DAN METODE ERACS TAHUN 2023

Nama : Siti Rukmana

Menerangkan bahwa abstrak ini telah diterjemahkan dalam Bahasa Inggris oleh Lembaga Pengembangan Bahasa dan Kerja Sama (LPBK), Universitas Muhammadiyah Pekalongan.

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Disahkan oleh,  
Kepala Lembaga Pengembangan Bahasa dan Kerja Sama (LPBK)

Aida Rusmariana, S.Kep., Ns., MAN

## ABSTRACT

Siti Rukmana<sup>1</sup>, Risqi Dewi Aisyah<sup>2</sup>

### **THE COMPARISON OF EARLY MOBILIZATION AND WOUND HEALING IN POST CAESAREAN PATIENTS BETWEEN CONVENTIONAL METHOD AND ERACS METHOD IN 2023**

**Introduction:** World Health Organization (WHO) stated that *sectio caesarean* rise about 10-15% around the globe and 19,2% in Asia. 19.2% The most common complain after C-section delivery is labour pain. This involved postoperative pain, mobilization difficulties, self-fulfilment, and Mothers are expected to care for their babies. After a C-section, the patient is encouraged to mobilize, as movement helps improve blood circulation and can speed up recovery and healing. The purpose of this study is to compare early mobilization and wound healing in post-caesarean section patients utilizing the traditional and ERACS methods at Prima Medika Hospital and Al-Ikhlas Islamic Hospital in Pematang.

**Method:** This study employs quantitative research methods as well as analytical observational research types with a cohort study design.

**Result:** The Kolmogorov-Smirnov test was used to assess data distribution, with a significant value of 0.000. Non-parametric bivariate analysis using the Mann-Whitney test compared early mobilization six hours post-caesarean section with a p-value of 0.000, and wound healing with a p-value of 0.012.

**Conclusion:** There is a comparable result of early mobilization in the conventional and the ERACS method, as well as the wound healing time in the conventional and the ERACS method.