



LEMBAR PENGESAHAN

Judul : Hubungan Self-Efficacy dengan Kepatuhan Pembatasan Cairan Pada Pasien Hemodialisa: *Literature Review*

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The Relationship between Self-Efficacy and Fluid Restriction Adherence in Hemodialysis Patients: A Literature Review

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ABSTRACT

The Backgrounds: Hemodialysis is a renal replacement therapy to remove toxins from metabolic waste products in the blood. Non-compliance with fluid restrictions is one problem the most often occur among hemodialysis patients. Excess fluid in hemodialysis patients can cause many complications such as oedema, hypertension, congestive heart failure and mortality. Therefore, self-efficacy in hemodialysis patients is needed to deal with these problems.

The Objectives: This study aims to analyze the relationship between self-efficacy and adherence to fluid restriction in hemodialysis patients based on a literature review.

The Methods: A literature review by searching articles from ProQuest database and a broad search on Google Scholar for articles in Indonesian. Five articles met the inclusion and exclusion criteria, with 308 respondents in total. All articles were appraised by using appraisal tools from JBI (*Joanna Briggs Institute*).

The Results: This study showed a relationship between self-efficacy and fluid restriction adherence in hemodialysis patients with a p-value < 0.01.

The Conclusions: Self-efficacy is one of the factors that can improve fluid restriction compliance in hemodialysis patients.

Keywords: *Hemodialysis, Adherence, Fluid restriction, Self-efficacy*