



LEMBAR PENGESAHAN

Judul : *Literature Review: Stres pada Perawat di Era Pandemi COVID-19*

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A Literature Review: Stress in Nurses during the COVID-19 Pandemic

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ABSTRACT

The Backgrounds: COVID-19 is a new type of coronavirus. Not only on the physical impacts, but it can also give serious effects on the nurses' mental health. During this pandemic, of course, health workers, especially nurses, are directly involved in treating patients affected by the Covid-19 virus, of course, this can make nurses feel stressed.

The Objectives: To describe the characteristics of nurses and the stress in nurses during this covid-19 pandemic.

The Methods: The design of this study was a literature review. This study used an online database to search for articles and research journals published on Pubmed and Google Scholar.

The Results: The results were obtained from five journals using the DASS-21 and PSS questionnaires. Based on result from two articles, which used the DASS-21, it showed that the nurses were mostly on the normal level (73.8% or 1,788 respondents). The total number of severe and very severe stress was 157 respondents (6.4%). From the other questionnaires, the result showed that the nurses mostly experienced stress (60.5% of the total population or 1,140 respondents).

The Conclusions: Based on the results of this literature review, it was found that nurses experienced stress during the covid-19 pandemic season. The levels of the nurses' stress are various.

Keywords: *stress, nurses, pandemic, covid-19*