

ABSTRAK

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Hubungan Dukungan Keluarga dan Peran Perawat dengan Kepatuhan Berobat Pasien Hipertensi di Puskesmas Doro II Kabupaten Pekalongan

xiii, 6 Bab, 56 Halaman, 8 Tabel, 2 Gambar, 5 Lampiran

Penyakit hipertensi merupakan penyakit kronis yang membutuhkan pengobatan secara teratur untuk mencegah komplikasi. Kepatuhan berobat pasien hipertensi dapat dipengaruhi oleh dukungan keluarga dan peran perawat. Penelitian ini bertujuan untuk mengetahui hubungan dukungan keluarga dan peran perawat dengan kepatuhan berobat pasien hipertensi di Puskesmas Doro II Kabupaten Pekalongan. Desain penelitian menggunakan deskripsi korelasi dengan pendekatan *cross sectional*. Teknik pengambilan sampel menggunakan *simple random sampling*. Sampel penelitian adalah pasien hipertensi di Puskesmas Doro II Kabupaten Pekalongan sebanyak 111 orang. Alat pengumpulan data berupa kuesioner. Hasil penelitian menunjukkan bahwa ada hubungan dukungan keluarga ($p: 0,008$) dan peran perawat ($p: 0,021$) dengan kepatuhan berobat pasien hipertensi di Puskesmas Doro II Kabupaten Pekalongan. Perawat dapat melibatkan keluarga pasien selama menjalani pengobatan hipertensi agar membantu pasien untuk mengingatkan minum obat, menjalani perilaku hidup sehat dan kunjungan ke puskesmas sesuai jadwal.

Kata kunci : Dukungan Keluarga, Hipertensi, Kepatuhan Berobat, Peran Perawat
Pustaka : 35 daftar pustaka (2007-2016)

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ABSTRACT

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Correlation of Family Support and Nurse Role with Compliance to Hypertension Treatmet Patient in Doro II Public Health Care Center Kabupaten Pekalongan

xiii, 6 chapters, 56 pages, 8 tables, 2 charts, 5 attachments

Hypertension is a chronic disease that requires regular treatment to prevent complications. Compliance of hypertension treatment patients were affected by family support and nurse roles. This research determined analyzed correlation of family support and nurse role with compliance to hypertension treatmet patient in Doro II Public Health Care Center Kabupaten Pekalongan. The corresponding research design used correlation description with cross sectional approach. The sample of research were hypertention patient in in Doro II Public Health Care Center Kabupaten Pekalongan as many as 111 people. The sampling technique used simple random sampling. The instrument of data collecting used questionnaires. The results showed that there were correlation of family support (ρ value: 0,008) and nurse role (ρ value: 0,021) with compliance to hypertension treatmet patient in Doro II Public Health Care Center Kabupaten Pekalongan. The nurses involve the patient's family during hypertension treatment to help patient to remind of taking medication, to live a healthy lifestyle and visit to health care center on schedule.

Keywords : Family Support, Hypertension Nurse Role, Treatmet Compliance,
Reference : 35 books (2007-2016)