



LEMBAR PENGESAHAN

Judul : *Literature Review* : Gambaran Pengetahuan Dan Perilaku Tentang Pemeriksaan Payudara Sendiri (SADARI) Pada Remaja

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Menerangkan bahwa abstrak ini telah diterjemahkan dalam Bahasa Inggris oleh Lembaga Pengembangan Bahasa, Humas, dan Kerjasama (LPBHK), Universitas Muhammadiyah Pekajangan Pekalongan.

Pekalongan, 09 Agustus 2021

Disahkan oleh,
Kepala Lembaga Pengembangan Bahasa, Humas, dan Kerjasama (LPBHK)

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A Literature Review: The Overview of Knowledge and Behavior of Breast Self-Examination (BSE) in Adolescents

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ABSTRACT

The Backgrounds: The death rate caused by cancer has increased very rapidly. Breast cancer is caused by the growth of abnormal tissue. It comes from abnormal changes in genes that regulate cell growth so that cells lose their control. Breast cancer can be found early by doing BSE, as well as by doing a clinical examination. However, community behavior in doing the early detection of breast cancer is still low due to a lack of knowledge in doing BSE. Therefore, it needs to increase awareness of the health importance to improve a better quality of life.

The Objectives: To determine BSE knowledge and breast self-examination behavior in adolescents through a literature review.

The Methods: The data collection technique used a literature review method of 5 articles. The articles were from Google Scholar and PubMed. They were published in 2011-2021. The critical assessment instrument used was strobe.

The Results: The results of a literature review of 5 articles showed that from 704 respondents, most of the respondents who had good knowledge were 280 respondents (40%). Those who had never done BSE were 421 respondents (60%).

The Conclusions: In this literature review, the result showed that the respondents' knowledge of breast self-examination was good. The respondents also had not done any breast self-examination.

Keywords: *Breast self-examination, knowledge, behavior*