



LEMBAR PENGESAHAN

Judul : Gambaran kualitas hidup lansia yang tinggal di panti : *Literature Review*

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Menerangkan bahwa abstrak ini telah diterjemahkan dalam Bahasa Indonesia oleh Lembaga Pengembangan Bahasa dan Kerjasama (LPBK), Universitas Muhammadiyah Pekajangan Pekalongan.

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ABSTRACT

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An Overview of the Quality of Life of Elderly Living in Nursing Homes: A Literature Review

Background: Aging is a process where an elderly's body changes anatomically, physiologically and biochemically. A problem that can be caused by the aging process is the decline of the elderly's quality of life. In nursing home, the elderly often experiences loneliness because they live far from their family, and low quality of life due to distant family factors. **Objective:** The purpose of this study was to describe the quality of life of elderly living in nursing homes. **Methods:** The articles being used in this study were selected through the PICO mnemonic. This study was a review of articles selected from PubMed and Portal Garuda. The inclusion criteria consisted of keywords, being published from 2011-2021, written in Indonesian or English, and in the form of complete articles. The exclusion criteria were review articles/systematic reviews. **Results:** The results showed that the quality of life of the elderly based on the physical domain was 47.075, based on the psychological domain was 36.712, based on the social domain was 33.746, and based on the environmental domain was 37.172. **Conclusion:** Nurses should be able to improve the health status of the elderly by providing good care to improve the quality of life of the elderly.

Keywords: *Quality of Life, Elderly*