

## **ABSTRAK**

### **Penerapan Terapi Bercakap-Cakap Pada Pasien Gangguan Persepsi Sensori: Halusinasi**

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Halusinasi merupakan suatu keadaan dimana seseorang mengalami keadaan seperti tidak nyata, namun keadaan tersebut berasal dari alam bawah sadar. Pemberian terapi bercakap-cakap dilakukan untuk pasien halusinasi karena dapat mengurangi, mengatasi atau mengontrol halusinasi yang muncul dengan menyibukkan diri melalui aktivitas bercakap-cakap. Tujuan dilakukan studi kasus ini untuk menggambarkan penerapan terapi bercakap-cakap pada pasien gangguan persepsi sensori: halusinasi. Metode yang digunakan dalam karya tulis ilmiah ini adalah studi kasus dengan subjek studi kasus dua pasien yang mengalami gangguan persepsi sensori halusinasi yang diberikan penerapan terapi bercakap-cakap selama 9 hari. Hasil studi kasus pasien mengalami peningkatan kemampuan mengontrol halusinasi ditandai dengan penurunan tanda dan gejala halusinasi setelah diberikan terapi bercakap-cakap. Studi kasus ini menunjukkan bahwa penerapan terapi bercakap-cakap efektif meningkatkan kemampuan pasien dalam mengontrol serta menurunkan tanda dan gejala halusinasi. Saran diharapkan perawat dapat memberikan motivasi, perhatian serta meningkatkan penerapan terapi bercakap-cakap pada pasien halusinasi.

Kata kunci: halusinasi, terapi bercakap-cakap

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### **The Application of Speech Therapy on Patients with Sensory Perception Disorder: Hallucinations**

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Hallucination is a condition where a person experiences an unreal situation. That condition comes from the subconscious mind. Conversation therapy can be given to patients with hallucinations because they can reduce, overcome or control hallucination by keeping themselves busy through conversation activities. The purpose of this case study is to describe the application of speech therapy in patients with sensory perception disorders hallucinations. The method used in this study was a case study. The subject of this study was two patients who have impaired sensory perception of hallucinations. They were given the application of conversational therapy for nine days. The results of the study showed that the patients experienced an increase in the ability to control hallucinations marked by a decrease in signs and symptoms of hallucinations after being given conversational therapy. It can be concluded that the application of conversational therapy is effective in increasing the patient's ability to control and reducing signs and symptoms of hallucinations. This result can be used as consideration for nurse to provide motivation, attention and improve the application of conversation therapy in patients with hallucinations.

**Keyword:** *Hallucinations, Conversation therapy*