

**Program Studi Pendidikan Profesi Ners
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Universitas Muhammadiyah Pekajangan Pekalongan
Juli, 2024**

ABSTRAK

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**PENERAPAN DUKUNGAN SUAMI TERHADAP PENCEGAHAN STUNTING
PADA BAYI DI RUANG BERSALIN RUMAH SAKIT ISLAM
MUHAMMADIYAH KENDAL**

Latar Belakang: Kejadian stunting di Indonesia masih sangat tinggi. Sejak 2018-2021 angka prevalensi stunting mengalami penurunan, ini sejalan dengan Peraturan Presiden nomor 72 tahun 2021 tentang percepatan penurunan stunting. Beberapa ahli mengemukakan bahwa pencegahan stunting tidak hanya menjadi urusan ibu, namun juga menjadi urusan suami. Dukungan dan peran suami sangatlah penting dalam proses tumbuh kembang anak dari dalam kandungan sampai usia toddler. Tujuan penulisan ini untuk mengidentifikasi dukungan suami terhadap pencegahan stunting.

Metode: Penerapan hasil penelitian oleh Septiana Juwita dan Suryo Ediyono (2023) yang berjudul “Dukungan Suami Terhadap Perilaku Ibu Dalam Pencegahan Stunting Pada Balita” dalam melakukan asuhan keperawatan melalui metode studi kasus. Penulis mengelola 2 kasus ibu dengan kehamilan pertama. Penulis menggunakan kuesioner yang diberikan kepada istri dan suami. Dalam kuesioner tersebut mengidentifikasi persepsi dukungan suami kepada istrinya yang melahirkan dan persepsi istri terhadap dukungan suami kepadanya.

Hasil: Kuesioner yang diberikan kepada responden berjumlah 23 pertanyaan. Hasil kuesioner pada kasus pertama jawaban ibu dengan skor 27 (96,42%) dan suami 47 (97,71%). Pada kasus kedua jawaban ibu dengan skor 25 (89,28%) dan suami 43 (89,58%). Hasil ini menunjukkan dukungan suami terhadap pencegahan stunting pada bayi sangat baik, namun beberapa pertanyaan menunjukkan kurangnya dukungan suami dalam mencari informasi menurut persepsi istri.

Simpulan: Penerapan hasil penelitian ini menunjukkan dukungan dan peran suami terhadap kesehatan bayi sangatlah tinggi dalam mencegah stunting.

Kata Kunci: *dukungan suami, stunting, bayi*

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ABSTRACT

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Application of Husband Support to the Prevention of Stunting in Infants in the Delivery Room of Kendal Islamic Muhammadiyah Hospital

Background: The incidence of stunting in Indonesia is still very high. Since 2018-2021 the prevalence of stunting has decreased, this is in line with Presidential Regulation number 72 of 2021 concerning the acceleration of stunting reduction. Some experts suggest that stunting prevention is not only the mother's things, but also the husband's business. The support and role of husbands are very important in the process of child development from the womb to toddler age. The purpose of this paper is to identify husband's support for stunting prevention.

Methods: Application of the results of research by Septiana Juwita and Suryo Ediyono (2023) entitled "Husband Support for Maternal Behavior in Preventing Stunting in Toddlers" in carrying out nursing care through the case study method. The author manages 2 cases of mothers with the first pregnancy. The author uses a questionnaire given to the wife and husband. The questionnaire identified the husband's perception of support to his wife who gave birth and the wife's perception of the husband's support to her.

Results: The questionnaire given to respondents totaled 23 questions. The results of the questionnaire in the first case the mother's answer scored 27 (96.42%) and the husband's scored 47 (97.71%). In the second case the mother's answer scored 25 (89.28%) and the husband 43 (89.58%). These results show that the husband's support for the prevention of stunting in infants is very good, but some questions show a lack of the husband's support in finding information according to the wife's perception.

Conclusion: The application of the results of this study shows that the husband's support and role in infant health is very high in preventing stunting.

Keywords: *husband support, stunting, infants*