

ABSTRACT

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Literature Review: Anxiety among Patients with Breast Cancer

The Background: anxiety is one of the feelings for loosing bodily function or being afraid of dangerous thing. The sufferer usually feels so frightened of something. The patients with a breast cancer are people who have the feeling due to the pain, chemotherapy effect, and decreased immune system.

The Objectives: this literature review aims to determine anxiety level among the patients with a breast cancer.

The Samples: numbers of the patients with a breast cancer were taken as the samples of this study.

The Method: it used online database literature review with ‘anxiety breast cancer’ as a keyterm.

The Results: to be known, most respondets have got marriage; 523 respondents (74,29%) with a secondary education level; 279 respondents (41,21%). Meanwhile, 226 respondents are in the first stadium (42,56%). The anxiety level was used by hospital anxiety and depression scale (HADS), and around 340 respondents (46,38%) have a fair anxiety level. Besides, 157 respondents (21,42%) have a low anxiety level.

The Conclusions: from the result, it could be concluded most respondents are in the normal anxiety level. There fore, it recommended for the nursing staffs to be able to observe their patients level so they could apply an appropriate nursing and caring to decrease the anxiety level.

Keywords: HADS, *breast cancer, anxiety*

Bibliography: 30 (2009-2020)