

ABSTRAK

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Hubungan Dukungan Suami Dengan Pemberian ASI Eksklusif : *Literature Review*

Latar Belakang : Kajian Global “*The Lancet Breastfeeding Series*” 2016 menjelaskan bahwa kematian bayi karena infeksi mencapai angka 88% pada bayi berusia kurang dari 3 bulan, sedangkan 82% anak sakit karena tidak menerima ASI Eksklusif. Pemberian ASI Eksklusif dapat menurunkan angka kematian pada bayi akibat infeksi. Beberapa faktor yang berpengaruh terhadap pemberian ASI Eksklusif diantaranya faktor ibu, bayi, dan dukungan. Sumber dukungan yang dapat mempengaruhi pemberian ASI Eksklusif salah satunya dukungan suami.

Tujuan : Untuk mengetahui hubungan dukungan suami dengan pemberian ASI Eksklusif melalui *literature review*.

Metode : Penelitian ini merupakan penelitian kuantitatif dengan melalui pendekatan *Cross Sectional*. Analisa data menggunakan *Chi-Square*. Teknik pengumpulan data menggunakan metode *literature review*. Artikel yang digunakan bersumber dari database online dengan penelusuran elektronik pada *Google Scholar* dan Portal Garuda yang dipublish pada tahun 2011-2021. Instrumen telaah kritis yang digunakan yaitu instrumen STROBE.

Hasil : Berdasarkan 6 artikel yang digunakan dalam *literature review* menyebutkan bahwa 3 artikel terdapat hubungan antara dukungan suami dengan pemberian ASI Eksklusif dan 3 artikel tidak terdapat hubungan antara dukungan suami dengan pemberian ASI Eksklusif.

Simpulan : Dukungan suami merupakan salah satu faktor yang dapat menentukan keberhasilan pemberian ASI Eksklusif

Kata Kunci : *Exclusives breastfeeding, husband's support*, pemberian ASI Eksklusif, dukungan suami

The Corretalion Between Husband's Support and Exclusive Breastfeeding : Literature Review

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ABSTRACT

The Background: Global study “The Lancer Breastfeeding Series” 2016 explains that infant mortality due to infection reaches 88% in infants aged less than three months, while 82% of children get sick because they do not receive exclusive breastfeeding. Exclusive breastfeeding can reduce infant mortality due to infection. Several factors that affect exclusive breastfeeding are the mother, the infant, and support factors. One of the sources of support that can affect exclusive breastfeeding is the husband's support.

The Objectives: To determine the correlation between husband's support and exclusive breastfeeding through a literature review.

The Methods: This research was quantitative research through a cross-sectional approach. Data analysis used Chi-Square. The data collection technique used the literature review method. The articles used were searched from Google Scholar and Portal Garuda which were published in 2011-2021. The critical assessment instrument used was the STROBE instrument.

The Result: Based on the 6 articles used in the litarture review, the results showed that in 3 articles, there was a correlation between the husband's support and exclusive breastfeeding. Meanwhile, in the other three articles, there was no correlation between the husband's support and exclusive breastfeeding.

The Conclusions: Husband's support is one of the factors that can determine the success of exclusive breastfeeding

Keyword: *Exclusive breastfeeding, husband's support, exclusive breastfeeding, husband's support,*