

**Program Studi Sarjana Keperawatan
Fakultas Ilmu Kesehatan
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ABSTRAK

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**Gambaran Karakteristik Dan Kualitas Hidup Pada Pasien Kanker Payudara
Yang Menjalani Kemoterapi di RSUD Kraton**

Latar Belakang: Kasus Kanker Payudara di Indonesia mencapai 42 per 100.000 penduduk. Rata-rata kematian yang disebabkan karena kanker yaitu 17 per 100.000 penduduk. Data terbaru dari RSUD Kraton di tahun 2024 di dapatkan 235 kasus kanker payudara yang menjalani kemoterapi. Kemoterapi memiliki dampak buruk terhadap psikologis pasien sendiri seperti, mengalami gangguan harga diri dan kualitas hidup. penelitian ini bertujuan mengetahui gambaran karakteristik dan kualitas hidup pada pasien kanker payudara yang menjalani kemoterapi di RSUD Kraton

Metode: sampel penelitian adalah pasien kanker payudara yang menjalani kemoterapi di RSUD Kraton kabupaten pekalogan. sampel penelitian 139. teknik pengumpulan data yang digunakan adalah *accidental sampling*. instrumen penelitian menggunakan kuesioner *EORTC BR23*.

Hasil: Hasil penelitian ini didapatkan karakteristik usia responden 51 tahun, lama sakit dengan rata-rata 11 bulan, dan siklus kemoterapi 3 siklus, rata-rata responden adalah IRT (ibu rumah tangga) 105 (70,5%), Tingkat pendidikan adalah SD 104 (69,8%), responden menikah 138 (92,6%), stadium II 119 (79, %). Hasil skor pada skala fungsional rata-rata 41,02 (sedang), pada skala gejala didapatkan skor rata-rata 21,83 (baik)

Simpulan: pada skala fungsional didapatkan skor rata-rata 41,02 (sedang) dimana pada skala fungsional semakin tinggi nilai maka kualitas hidup dikategorikan baik, pada skala gejala didapatkan skor rata-rata 21,83 (baik) pada skala gejala semakin rendah skor maka kualitas hidup dikategorikan baik.

Kata Kunci: *Kanker payudara, Kualitas Hidup, Kemoterapi, EORTC BR23*

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ABSTRACT

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**The Description of Characteristics and Quality of Life in Breast Cancer
Patients Undergoing Chemotherapy at Kraton Hospital**

Background: Breast cancer cases in Indonesia reach 42 per 100,000 population. The average death caused by cancer is 17 per 100,000 population. The latest data from Kraton Hospital in 2024 found 235 cases of breast cancer undergoing chemotherapy. Chemotherapy has a bad impact on the patient's own psychology, such as experiencing self-esteem and quality of life disorders. This study aims to find out the description of the characteristics and quality of life in breast cancer patients who undergo chemotherapy at Kraton Hospital.

Method: The research sample was a breast cancer patient undergoing chemotherapy at the Kraton Hospital, Pekalongan Regency. Research Sample 139. The data collection technique used was *accidental sampling*. The research instrument used *the EORTC BR23 questionnaire*.

Results: The results of this study were obtained the characteristics of the respondents' age of 51 years, the length of illness with an average of 11 months, and the chemotherapy cycle of 3 cycles, the average respondent was IRT (housewife) 105 (70.5%), the level of education was SD 104 (69.8%), the respondent was married 138 (92.6%), stage II 119 (79.%). The score results on the average functional scale were 41.02 (moderate), on the symptom scale, an average score of 21.83 (good)

Conclusion: on the functional scale, an average score of 41.02 (medium) is obtained, where on the functional scale, the higher the value, the quality of life is categorized as good, on the symptom scale, the average score is 21.83 (good) on the symptom scale, the lower the score, the quality of life is categorized as good.

Keywords: *Breast cancer, Quality of Life, Chemotherapy, EORTC BR23*

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