

**Program Studi Sarjana Keperawatan
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ABSTRAK

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Hubungan Karakteristik Usia dan Jenis Kelamin dengan Pelaksanaan 5 Tugas Keluarga dalam Perawatan Orang dengan Gangguan Jiwa di Wilayah Kerja Puskesmas Wiradesa Kabupaten Pekalongan

Latar Belakang: Skizofrenia merupakan kepribadian yang terpecah antara perilaku, pikiran dan perasaannya sehingga dapat diartikan sebagai tindakan yang tidak sesuai antara pikiran dan perasaannya. Kesembuhan pasien gangguan jiwa dipengaruhi oleh kepatuhan pengobatan dan berhubungan langsung dengan dukungan atau bantuan yang diberikan oleh keluarganya. Penelitian ini bertujuan untuk mengetahui gambaran karakteristik usia dan jenis kelamin pada keluarga yang merawat ODGJ.

Metode: Penelitian ini merupakan penelitian bersifat analitik, dengan pendekatan *cross sectional*, waktu penelitian dilakukan pada bulan Agustus 2024 di Wilayah Kerja Puskesmas Wiradesa dengan teknik *cluster* random sampling, sampel yang diambil yaitu 44 responden. Instrumen penelitian ini berupa kuesioner *Family Task Questionnaire* sebanyak 20 pertanyaan. Analisis yang digunakan adalah analisis univariat dengan hasil distribusi frekuensi serta prosentase dan analisis bivariat dengan uji *Chi Square*

Hasil: Responden usia dewasa awal 9 (20%), dewasa akhir 14 (32%), lansia awal 17 (39%), lansia akhir 4 (9%), responden berjenis kelamin perempuan 30 (68%) dan laki-laki 14 (32%), Pelaksanaan 5 tugas keluarga kurang mampu 28 (64%), cukup mampu 10 (23%), mampu 6 (13%). Nilai sig 0,000 adanya hubungan antara karakteristik usia dengan pelaksanaan 5 tugas keluarga, nilai sig 0,989 tidak ada hubungan antara karakteristik jenis kelamin dengan pelaksanaan 5 tugas keluarga.

Simpulan: Adanya hubungan antara karakteristik usia dengan pelaksanaan 5 tugas keluarga dengan nilai *p value* 0,000, tidak ada hubungan antara karakteristik jenis kelamin dengan pelaksanaan 5 tugas keluarga dengan nilai *p value* 0,989.

Kata Kunci: Karakteristik usia dan jenis kelamin, Pelaksanaan 5 tugas keluarga, ODGJ
Daftar Pustaka: 27 (2015-2023)

ABSTRACT

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The Correlation between Age and Gender Characteristics and the Implementation of Five Family Tasks in Caring for People with Mental Disorders in the Wiradesa Community Health Center Work Area, Pekalongan Regency

Background: Schizophrenia is a personality that is splitted among behavior, thoughts and feelings. This condition is interpreted as an action that is incompatible between thoughts and feelings. The recovery of mental disorder patients is influenced by treatment compliance and family support or assistance. The study aims to determine the overview of the age and gender characteristics in families who care people with mental disorders.

Method: it was anlytical study with a cross sectional approach, conducted in august 2024 in the Wiradesa Community Health Center Work Area. There were 44 people selected as the respondents by cluster random samling technique. The instruments were Family Task Questionnaire consisting 20 items of questions. The analysis used was univariate analysis with frequency distribution results and percentages and bivariate analysis with the Chi Square test

Results: it stated nine respondents were in the early adulthood (20%), 14 repondents were in the late adulthood (32%), 17 others are in the early elderly (39%), and who are in the late elderly were four people (9%). Meanwhile, there were 30 female respondents (68%) and male ones (32%). In the term of the implementation of five family tasks, there were 28 who are incompetent (64%), 10 others were quite capable (23%), and the rest (13%) were competent. It obtain the value of sig 0,000; it means there is a correlation between the age characteristics and the implementation of five family tasks. In the other hand, it obtained the value of sig 0,989 which means there is no correlation between the gender characteristics and the implementation of five family tasks.

Conclusions: there is a correlation between the age characteristics and the implementation of five family tasks with *p value* 0,000. However, there is no correlation between the gender characteristics and the implementation of five family tasks with *p value* 0,989.

Keywords: *the characteristics of age and gender,, the implementation of five family tasks, people with mental disorder*

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