

ABSTRAK

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GAMBARAN PENERAPAN PERILAKU HIDUP BERSIH DAN SEHAT DI MASA PANDEMI COVID-19 PADA ANAK SEKOLAH DASAR DI SD NEGERI DRINGO KECAMATAN WONOTUNGGAL

Latar Belakang:Perilaku Hidup Bersih dan Sehat harus diterapkan dalam kehidupan sehari-hari di rumah maupun sekolah karena untuk menciptakan lingkungan yang bersih dan sehat, meningkatkan proses pembelajaran, dan membuat lingkungan siswa, guru dan sekolah menjadi sehat agar kita dapat terhindar dari penularan penyakit covid-19 dan dapat dicegah dengan menerapkan perilaku hidup bersih dan sehat.

Tujuan:Tujuan dari penelitian ini mengetahui Gambaran Penerapan Perilaku Hidup Bersih dan Sehat Di Masa Pandemi Covid-19 Pada Anak Sekolah Dasar Di Sd Negeri Dringo Kecamatan Wonotunggal.

Sampel:Teknik pengambilan sampel menggunakan *Purposive Sampling* dengan jumlah sampel sebanyak 76 responden.

Metode:Penelitian ini menggunakan desain Deskriptif Kuantitatif dengan instrument penelitian ini menggunakan kuesioner penerapan perilaku hidup bersih dan sehat dimasa pandemi covid-19.

Hasil:Hasil penelitian ini di dapatkan bahwa sebagian besar 55 responden (72,4%) memiliki PHBS Baik sedangkan 21 responden (27,6%) memiliki PHBS Cukup.

Simpulan:Hasil penelitian tersebut disimpulkan bahwa sebagian penerapan PHBS mereka baik.

Kata kunci : Phbs, Covid-19 (2 - 5 kata)

Daftar pustaka : 30 (2011-2022)

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ABSTRACT

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AN OVERVIEW OF CLEAN AND HEALTHY LIFESTYLE BEHAVIORS IMPLEMENTATION DURING THE COVID-19 PANDEMIC IN ELEMENTARY SCHOOL CHILDREN AT SD NEGERI DRINGO, WONOTUNGGAL DISTRICT

Backgrounds: clean and healthy lifestyle behaviours must be implemented in the daily life whether at home or school to create health and clean environment so that it can improve learning process and make the environment for students, teachers and schools healthier so that they can avoid the transmission of various diseases such as Covid-19.

Objectives: the study aims to describe implementation of clean and healthy lifestyle behaviours during the Covid 19 pandemic in elementary school children at SD Negeri Dringo, Wonotunggal District.

Samples: A total of 76 respondents were selected for the sample using the Purposive Sampling Technique.

Method: it is a quantitative descriptive with questionnaires of clean and healthy lifestyle behaviours implementation during Covid-19 pandemic as the instrument.

Results: the results stated 55 respondents (72,4%) has implemented clean and healthy lifestyle behaviours very well while 21 respondents (27,6%) has implemented the behaviours well.

Conclusions: the result can be concluded that their implementation of clean and healthy lifestyle behaviours were good.

Keywords: *clean and healthy lifestyle behaviours, Covid-19 (2-5 words)*

References: 30 (2011-2022)