

**Program Studi Sarjana Keperawatan dan Pendidikan Profesi Ners
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ABSTRAK

Dewi Solekha¹, Emi Nurlaela²

“Literatur Review : Hubungan Pemberian Inisiasi Menyusu Dini dengan Kelancaran Pengeluaran ASI”

Latar belakang: Angka kematian bayi di Indonesia masih tinggi yaitu 24 per 1000 kelahiran hidup. salah satu penyebabnya yaitu infeksi. Infeksi dapat dicegah dengan pengendalian ASI karena didalam ASI mengandung kolostrum yang mampu menjaga daya tahan tubuh bayi. Pengenalan ASI dimulai dengan inisiasi menyusu dini (IMD). Cakupan bayi baru lahir di Indonesia pada tahun 2019 yang mendapatkan Inisiasi Menyusu Dini (IMD) yaitu 75,58

Tujuan: Tujuan dari penelitian ini adalah untuk mengetahui hubungan pemberian Inisiasi Menyusu Dini dengan kelancaran Pengeluaran ASI melalui *Literatur Review*

Metode: Penelitian ini merupakan Penelitian kuantitatif melalui *Literature Review*. Artikel didapatkan dari Search Engine Google scholar tiga dan Portal Garuda dua telaah kritis instrument JBI *The Joanna Briggs Institute* .

Hasil: Hasil penelitian ini menunjukkan adanya hubungan antara pemberian inisiasi menyusu dini (IMD) dengan kelancaran pengeluaran ASI dengan *p value* < 0,05 (0,000-0,029).

Simpulan : Terdapat hubungan antara pemberian inisiasi menyusu dini (IMD) dengan kelancaran pengeluaran ASI.

Kata kunci : Pemberian IMD, Kelancaran Pengeluaran ASI.

A LITURATURE REVIEW : THE CORRELATION OF EARLY BREASTFEEDING INTIATION AND THE SMOOTHNESS OF BREAST MILK PRODUCTION

Dewi Solekha¹, Emi Nurlaela²

Undergraduated Program in Nursing , Faculty of Health Sciences
Unversity Of Muhammadiyah Pekajangan Pekalongam

ABSTRACT

The Backgrounds : The infant mortality rate in Indonesia is still high at 24 per 100 live births. One of the causes is infection. Infection can be prevented by controlling breast milk because breast milk contains colostrum which is able to maintain the baby's immune system. The introduction of breastfeeding begins with early initiation of breastfeeding (IMD). The coverage of newborn in Indonesia in 2019 who received early initiation of breastfeeding (IMD) was 75,58%.

The Objectives : The purpose of this study was to determine the relationship between early initiation of breastfeeding and the smooth production of breast milk through the Literature Review.

The Methods : This research is a quantitative research through Literature Review. The articles were obtained from three articles from Garuda Portal which is a critical review of the JBI instrument written by The Joanna Briggs Institute.

The Results : The results of this study indicate a relationship between the provision of early initiation of breastfeeding (IMD) with the smooth discharge of breast milk with a p value $<0,05$ (0,000-0,029).

The Conclusions : There is a correlation between the provision of early initiation of breastfeeding (IMD) and the smoothness of producing breast milk.

Keywords : *giving early initiation of breastfeeding (IMD), breast milk flow*