

Program Studi Sarjana Keperawatan
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ABSTRAK

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Hubungan Pengetahuan Dengan Perilaku *Bullying* Pada Remaja Di SMP Salafiyah Kota Pekalongan

Latar Belakang : *Bullying* merupakan masalah signifikan di kalangan remaja. Perilaku *bullying* tidak hanya berdampak negatif pada korban, tetapi juga dapat mempengaruhi kesejahteraan mental dan sosial pelaku. Rendahnya pengetahuan tentang *bullying* dapat memicu terjadinya perilaku *bullying*, baik sebagai pelaku maupun sebagai korban.

Tujuan : Mengetahui hubungan pengetahuan dengan perilaku *bullying* pada remaja di SMP Salafiyah Kota Pekalongan,

Metode : Penelitian ini merupakan penelitian kuantitatif desain korelatif dengan pendekatan *cross-sectional*. Tempat penelitian di SMP Salafiyah Kota Pekalongan dengan jumlah sampel sebanyak 267 siswa dengan menggunakan teknik *proportionate stratified random sampling*. Instrumen penelitian menggunakan kuesioner pengetahuan *bullying* dan kuesioner *OBVQ* untuk perilaku *bullying*. Penelitian ini menggunakan uji korelasi *spearman rank*.

Hasil : Hasil penelitian didapatkan sebesar 241 responden (90,3%) memiliki pengetahuan *bullying* baik, dan didapatkan hasil sebesar 228 responden (85,4%) merupakan perilaku *bullying*. Hasil uji *spearman rank* didapatkan $p\text{-Value}=0,766>0,05$, dapat diartikan tidak ada hubungan antara pengetahuan dengan perilaku *bullying* pada remaja di SMP Salafiyah Kota Pekalongan.

Simpulan : Pengetahuan *bullying* yang baik tidak menjadi jaminan untuk remaja tidak melakukan perilaku *bullying*, karena masih banyak faktor-faktor lain yang dapat menyebabkan perilaku *bullying*. Sehingga diharapkan untuk institusi terkait selain memberikan informasi tentang *bullying*, juga dapat memberikan bimbingan konseling dan tetap memperkuat pengawasan remaja dalam menciptakan sekolah anti *bullying*.

Kata Kunci : *Bullying*, Pengetahuan, Perilaku, Remaja

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ABSTRACT

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**The Correlation of Knowledge and Bullying Behavior in Adolescents at
Salafiyah Junior High School, Pekalongan City**

Background: Bullying is a significant problem among adolescents. Bullying behaviour not only negatively impacts the victim but can also affect the mental and social well-being of the perpetrator. Low knowledge about bullying can trigger bullying behaviour, both as a perpetrator and as a victim. This study aims to determine the correlation between knowledge and bullying behaviour in adolescents at Salafiyah Junior High School, Pekalongan City.

Methods: This study is a quantitative study of correlative design with a crosssectional approach. The research site was at Salafiyah Junior High School, Pekalongan City, with a sample of 267 students using a proportionate stratified random sampling technique. The research instrument used a bullying knowledge questionnaire and an OBVQ questionnaire for bullying behaviour. This study used a Spearman rank correlation test.

Results: The results of the study were obtained that 241 respondents (90.3%) had good bullying knowledge, and the results were obtained in that 228 respondents (85.4%) were bullying behavior. The results of the Spearman rank test were obtained $p \text{ Value} = 0.766 > 0.05$, which can be interpreted as not correlating knowledge and bullying behaviour in adolescents at Salafiyah Junior High School Pekalongan City.

Conclusion: Good bullying knowledge is not a guarantee for adolescents not engage in a bullying behaviour because many other factors can cause bullying behavior. So it is hoped that related institutions, in addition to providing information about bullying, can also provide counselling guidance and continue to strengthen the supervision of adolescents in creating anti-bullying schools.

Keywords: Bullying, Knowledge, Behavior, Adolescents

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