

ABSTRAK

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Gambaran Perilaku Perawat dalam Penggunaan Alat Pelindung Diri (APD) di Ruang Rawat Inap Rumah Sakit Islam Pekajangan Pekalongan

Latar Belakang: Rumah sakit merupakan fasilitas kesehatan yang memiliki risiko tinggi terhadap keselamatan dan kesehatan kerja perawat. Salah satu upaya dalam pencegahan dan pengendalian infeksi *nosocomial* dengan penggunaan Alat Pelindung Diri (APD) oleh perawat, namun terdapat fluktuasi penggunaan APD di ruang rawat inap RSI Pekajangan Pekalongan.

Metode: Penelitian ini merupakan penelitian deskriptif. Sampel pada penelitian ini adalah seluruh perawat pada ruang rawat inap di RSI Pekajangan Pekalongan sebanyak 110 orang dengan tehnik pengambilan sampel seluruh populasi. Instrumen penelitian menggunakan kuesioner yang telah diuji validitas dan reliabilitasnya. Analisa data menggunakan analisis deskriptif dan univariat berupa distribusi frekuensi dan tabulasi silang.

Hasil: Karakteristik responden diketahui 87 orang (79,8%) dalam usia dewasa muda (18-40 tahun), 77 orang (70,6%) berjenis kelamin perempuan, 69 orang (63,3%) dengan pendidikan S1 dan 44 orang (40,4%) telah bekerja > 10 tahun. Penggunaan APD perawat diketahui 71 orang (65,14%) berkategori baik. Penggunaan APD yang kurang lebih banyak pada perawat dengan usia dewasa muda, berjenis kelamin perempuan, berpendidikan S1 dan bekerja > 10 tahun.

Simpulan: Karakteristik perawat meliputi umur, jenis kelamin, tingkat pendidikan dan lama kerja berperan dalam penggunaan APD pada perawat di ruang rawat inap RSI Pekajangan Pekalongan.

Kata Kunci : Perilaku Perawat, Alat Pelindung Diri (APD)

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ABSTRACT

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Identification of Nurse' Behavior in Using Personal Protective Equipment (PPE) in the Inpatient Ward of Pekajangan Islamic Hospital Pekalongan

Background: Hospitals are healthcare facilities with high risk to the safety and health of nurses. One of the important effort to prevent and control nosocomial infections is the proper use of Personal Protective Equipment (PPE) by nurses. However, fluctuations in PPE usage have been observed among nurses in the inpatient wards of Pekajangan Islamic Hospital, Pekalongan.

Methods: This study use a descriptive research design. The sample consisted of all nurses working in the inpatient wards of Pekajangan Islamic Hospital, Pekalongan, totaling 110 respondents. A total sampling technique was applied. Data were collected using a questionnaire that had been tested for validity and reliability. Data analysis was conducted descriptively and univariately using frequency distribution and cross-tabulation.

Results: The characteristics of the respondents showed that most nurses were young adule aged 18 – 40 year (79.8%), female (70.6%), hald bachelor's degree (63.3%), and had more than 10 years of work experience (40,4%). The study found that 71 nurses (65,14%) demonstrated good behavior in using PPE.

Appropriate PPE use was more commonly found among nurses who were young adults, female, had a bachelor's degree, and had worked for more than 10 years.

Conclusion: Nurses' characteristics, including age, gender, education level, and length of service, play a role in the use of Personal Protective Equipment among nurses in the inpatient wards of Pekajangan Islamic Hospital, Pekalongan.

Keywords : Nurse, Behavior, Personal Protective Equipment, PPE

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